

ARCC Schedule September/October

UPDATED 9/20/17



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY		
		20 6 am-10 pm 5:50-9 Mount Swim Team 9:15-10:15 Fitness Classes 11-1:30 REC SWIM 1 ³⁰ -4 ³⁰ Mount Swim Team 4 ³⁰ -6 Mount Swim Club 4 ³⁰ -5 ⁴⁵ Lanes 5 & 6 open 6-7:30 Youth Swim Lessons 7:30-9 Fox Swim Club	21 6 am-10 pm 5:50-9 Mount Swim Team 11-1:30 REC SWIM 1 ³⁰ -3 ³⁰ Mount Swim Team 3 ³⁰ -5 Mount Swim Club 3 ³⁰ -5 Lanes 5 & 6 open 5-6 REC SWIM* 5:30-6:30 Hydrofit 6-8 Mount Diving 6-9 Fox Swim Club (1/2 pool) 6³⁰-8 Lanes 4-6/shallow end open 8-9:30 REC SWIM*	22 6 am-8 pm 5:50-9 Mount Swim Team 9:15-10:15 Fitness Classes 11-12 REC SWIM 12-1 ³⁰ Mount Swim Club 12³⁰-1 Lanes 3-6 open 1 ³⁰ -4 ³⁰ Mount Swim Team 4:30-7 REC SWIM* 6-9 Fox Swim Club	23 9 am-8 pm 11am-7 pm REC SWIM	24 12-8 pm 12:15-6 pm REC SWIM* 2-4 Mount Diving 6-8 Fox Swim Club		
		25 6 am-10 pm 5:50-9 Mount Swim Team 9:15-10:15 Fitness Classes 11-1:30 REC SWIM 1 ³⁰ -4 ³⁰ Mount Swim Team 4 ³⁰ -6 Mount Swim Club 4 ³⁰ -5 ⁴⁵ Lanes 5 & 6 open 6-7:30 Youth Swim Lessons 7-8:30 Fox Swim Club 8:30-9:30 REC SWIM	26 6 am-10 pm 5:50-9 Mount Swim Team 11-1:30 REC SWIM 1 ³⁰ -3 ³⁰ Mount Swim Team 3 ³⁰ -5 Mount Swim Club 3 ³⁰ -5 Lanes 5 & 6 open 5-6 REC SWIM* 5:30-6:30 Hydrofit 6-8 Mount Diving 6-9 Fox Swim Club (1/2 pool) 6³⁰-8 Lanes 4-6/shallow end open 8-9:30 REC SWIM*	27 6 am-10 pm 5:50-9 Mount Swim Team 9:15-10:15 Fitness Classes 11-1:30 REC SWIM 1 ³⁰ -4 ³⁰ Mount Swim Team 4 ³⁰ -6 Mount Swim Club 4 ³⁰ -5 ⁴⁵ Lanes 5 & 6 open 6-7:30 Youth Swim Lessons 7:30-9 Fox Swim Club	28 6 am-10 pm POOL CLOSED FOR DECK RENOVATION	29 6 am-8 pm POOL CLOSED FOR DECK RENOVATION	30 9 am-8 pm POOL CLOSED FOR DECK RENOVATION	Oct. 1 12-8 pm POOL CLOSED FOR DECK RENOVATION
		2 6 am-10 pm 5:50-9 Mount Swim Team 9:15-10:15 Fitness Classes 11-1:30 REC SWIM 1 ³⁰ -4 ³⁰ Mount Swim Team 4 ³⁰ -6 Mount Swim Club 4 ³⁰ -5 ⁴⁵ Lanes 5 & 6 open 6-7:30 Youth Swim Lessons 7-8:30 Fox Swim Club 8:30-9:30 REC SWIM	3 6 am-10 pm 5:50-9 Mount Swim Team 11-1:30 REC SWIM 1 ³⁰ -3 ³⁰ Mount Swim Team 3 ³⁰ -5 Mount Swim Club 3 ³⁰ -5 Lanes 5 & 6 open 5-6 REC SWIM* 5:30-6:30 Hydrofit 6-8 Mount Diving 6-9 Fox Swim Club (1/2 pool) 6³⁰-8 Lanes 4-6/shallow end open 8-9:30 REC SWIM*	4 6 am-10 pm 5:50-9 Mount Swim Team 9:15-10:15 Fitness Classes 11-1:30 REC SWIM 1 ³⁰ -4 ³⁰ Mount Swim Team 4 ³⁰ -6 Mount Swim Club 4 ³⁰ -5 ⁴⁵ Lanes 5 & 6 open 6-7:30 Youth Swim Lessons 7:30-9 Fox Swim Club	5 6 am-10 pm 5:50-9 Mount Swim Team 11-1:30 REC SWIM 1 ³⁰ -3 ³⁰ Mount Swim Team 3 ³⁰ -5 Mount Swim Club 3 ³⁰ -5 Lanes 5 & 6 open 5-6 REC SWIM* 5:30-6:30 Hydrofit 6-8 Mount Diving 6-9 Fox Swim Club (1/2 pool) 6³⁰-8 Lanes 4-6/shallow end open 8-9:30 REC SWIM*	6 6 am-8 pm 5:50-9 Mount Swim Team 9:15-10:15 Fitness Classes 11-12 REC SWIM 12-1 ³⁰ Mount Swim Club 12³⁰-1 Lanes 3-6 open 1 ³⁰ -4 ³⁰ Mount Swim Team 4:30-7 REC SWIM* 6-9 Fox Swim Club	7 9 am-8 pm Home Swim Meet Mount St. Mary's vs. VMI 3:30-7 pm REC SWIM	8 12-8 pm 12:15-6 pm REC SWIM* 6-8 Fox Swim Club
Campus Rec Office: 301.447.5290 Issue & Control: 301.447.5722 Weather Hotline: 301.447.7424		General: www.msmary.edu/recreation Aquatics: www.msmary.edu/aquatics Fitness: www.msmary.edu/fitness			Calendar Key: Pool Schedule	Building Hours *Shared Pool		