Let the countdown to #MountMoveIn begin!

Congratulations on your decision to attend the Mount! We’re counting down the days until you join us—with this calendar, you can too!

@msmu.orientation
Stay up to date with all of the important Orientation news, reminders, announcements and more

@msmu.ubelonghere
Connect with fellow classmates, find someone to commute or room with

THU//JUN 1

77 DAYS LEFT

MOUNT ST. MARY’S UNIVERSITY
Let the countdown to #MountAugustOrientation begin!

Let us know you received your Orientation welcome box by posting a photo of you showing off your countdown calendar or sporting your new Mount socks.

@msmu.orientation

FRI//JUN 2

76 DAYS LEFT
Frederick Health Urgent Care

Health Services offers convenient services for all Mount students and staff in partnership with Frederick Regional Health System. Our experienced and multidisciplinary health care professionals provide evaluation and treatment for a variety of illnesses and injuries, preventive health check-ups, immunizations and periodic health monitoring.

Visit msmary.edu/healthservices
Get ready to be busy!

With more than 70 clubs and organizations and hundreds of events on- and off-campus each year, Mount students say they’re never bored!

Visit msmary.edu/studentlife to watch the video and learn more

SUN//JUN 4

74 DAYS LEFT

MOUNT ST. MARY’S UNIVERSITY
New Student To-Do Checklist

As you prepare to attend Orientation in June or July, please complete your New Student To-Do Checklist, which can be found in your MyMount portal.

Visit mymount.msmary.edu

MON//JUN 5

73 DAYS LEFT
Did you submit your final transcripts and AP test scores?

Once you have graduated from high school, please request your final transcripts from your high school counselor or official transcripts from your college’s registrar.

If you’ve received AP test scores, be sure to have all your official AP tests scores sent to the Registrar’s Office.

Visit msmary.edu/registrar to find the AP credit policy and contact information

Mount St. Mary’s University
Chemistry Test

If you are considering any of the science majors (chemistry, biochemistry, biology, environmental science, or health professions), a chemistry test is required. Your New Student To-Do Checklist on the MyMount portal provides further details.

Visit mymount.msmary.edu
Foreign Language Placement Test

As part of the Mount’s core curriculum, all first-year students will either broaden their mastery of a foreign language already studied in high school or will begin the study of a new foreign language. If you previously studied a language in high school, we ask that you complete the online Language Placement Test along with your Registration Survey in the New Student To-Do Checklist before July 1. Please visit your checklist in MyMount. *Transfer students do not need to complete the Foreign Language Placement Test.*

Visit mymount.msmary.edu for details and to take the test.
Health form reminder...

For undergraduates the MSMU Health Form must be uploaded in the New Student To-Do Checklist in MyMount no later than July 31.

All athletes must complete the MSMU Health Form and the additional NCAA form in step #4 of the health form directions.

Visit msmary.edu/healthforms to get more information and download the forms
Have you heard about Mount 101?

The Mount 101: Summer Bridge Program is an optional two-week college acclimation program for first year students. You’ll earn six credits, participate in community building activities and explore areas off campus on field trips. This program helps you get a jump start to a great college experience. Space is limited. Don’t delay, register today!

Visit msmary.edu/mount101 for FAQs
Plan on bringing a computer? Consult with ITSC.

Functioning technology and strong Wi-Fi is critical for Mount students. The Information Technology Support Center (ITSC) helps to keep your email and tech game on point.

Visit msmary.edu/itsc for answers to FAQs about what kind of computer you will need or what TV channels you’ll get in your room.

MOUNT ST. MARY’S UNIVERSITY
Ten days until the first June Orientation.

There are four in-person June Orientation dates starting on Thursday, June 22. We’re excited for our first-year students to meet our Orientation Leaders.

Additional opportunities:
June Orientation: June 23, 26 and 27
Transfer Orientation: July 13, 14, 17 and 18
Virtual Orientation: July 27

Register at msmary.edu/orientation
Meet the Mount's mascot, Emmit S. Burg.

**HEIGHT:** 6'2"  **WEIGHT:** 215 lbs.

**POSITION:** Campus Mascot and Head of Mount Maniacs

**HOBBIES:** Camping, hiking, service trips and supporting Mount Athletics

**FAVORITE FOOD:** The Emmit Burger, available from Emmit’s Street Eats!

**HOMETOWN:** Emmitsburg, Maryland

**FAVORITE HANGOUTS:** Mount Café, Knott Arena

**KNOWN FOR:** Being the best dancer at the Mount

MOUNT ST. MARY’S UNIVERSITY
The MOUNTCard is your on-campus ID card and serves other functions, such as:

+ Access to your residence hall and campus buildings
+ Meal card
+ Mount Money (on-campus declining balance debit account)
+ Access to the ARCC athletic facilities
+ Access to sporting events
+ Phillips Library card
+ ATM card (if linked to a PNC Bank account)

Check out msmary.edu/mountcard for more details and to upload your preferred photo.
Get moving with Campus Recreation!

However you like to stay active, there are plenty of activities, classes, games and events to keep you moving at the Mount. Campus Recreation provides outstanding recreational services, programs and educational experiences that inspire and support the Mount community in the pursuit of lifelong well-being.

Go to msmary.edu/recreation to learn more
Learning Services

Your success in college is important to us. The Office of Learning Services supports all students with academic skill building, disability support services and accommodations, mentoring and peer tutoring.

Visit msmary.edu/learningservices for more information
Orientation Leaders are AMAZING!

During June and July Orientation, many of you will have the opportunity to meet our fantastic Orientation Leaders, who are current Mount students. These students will continue to be your guide during August Orientation.

Have a question for an Orientation Leader?

orientation@msmary.edu

301-447-6783

61 DAYS LEFT
Follow us on social media!

Connect with the Mount to stay up to the minute with the latest happenings.

@msmu.ubelonghere
Connect with fellow classmates, find someone to commute or room with

@msmu.orientation
Stay up to date with all of the important Orientation news, reminders, announcements and more

Check out msmary.edu/msmusocial to see our social media directory

SUN//JUN 18

60 DAYS LEFT

MOUNT ST. MARY’S UNIVERSITY
The National Shrine Grotto

The Mount’s 1,400 acres of natural beauty peaks in the peaceful, reflective National Shrine Grotto of Our Lady of Lourdes. This serene spot where saints once walked is home to St. Mary’s Chapel (also known as the Glass Chapel), a replica of the Grotto of Lourdes in France, and numerous spots for prayer and reflection. This is a spot you don’t want to miss when you visit campus this summer.

Visit nsgrotto.org to learn more
Did you know that Mount students can do one-on-one undergraduate research with faculty? Here you will learn theory, get hands-on lab experience and maybe even build your own lab equipment!

Visit msmary.edu/garagescience to watch a video from one of our chemistry labs
Online training

A safe and healthy campus is a top priority of the Mount. Required Title IX and Mental Health training modules are available in your MyMount portal and must be completed prior to August Orientation.

Visit mymount.msmary.edu
June Orientation dates have officially begun!

We hope you’re excited because in a little over nine weeks your Mount St. Mary’s University experience will officially begin! Now is a great time to plan a gathering with your hometown friends and family to share your excitement and enjoy the last few weeks of summer.

56 DAYS LEFT

MOUNT ST. MARY’S UNIVERSITY
Fans for life!
The high level of competition our teams face in the Metro Atlantic Athletic Conference, and the way our student-athletes have risen to the challenge, makes it even easier to become passionate about your favorite teams.

Visit mountathletics.com
Service to others

The Mount’s mission statement encourages students to “live significantly.” With the formation of the new Center for Service during the fall 2022 semester, the Mount is taking that commitment to the next level.

Visit msmary.edu/service to learn more
Premier and club sports

Our 24 NCAA Division I sports aren’t the only intercollegiate teams at the Mount!

The Mount has two premier sport teams—men’s rugby and esports—that compete at a national level and more than 10 club sports that compete regionally in ultimate frisbee, volleyball, men’s and women’s soccer and more!

Visit msmary.edu/compete
Stay caffeinated

The Mount Café proudly serves all your Starbucks favorites! Stop in for a caramel macchiato or a Frappuccino® before class!

MON//JUN 26

52 DAYS LEFT

MOUNT ST. MARY’S UNIVERSITY
Our premier esports varsity and academy teams compete in Purcell Hall. While part of the facility is reserved as a practice space for teams, the remaining space is open to all students most hours of every day. In addition to gaming PCs, there are a number of consoles set up, as well as a booth for casting and streaming.

Visit msmary.edu/esports
MyMount App

Download the MyMount app to your phone to have easy access to essential MyMount tools and be successful on the go!

Visit mymount.msmary.edu
Center for Student Diversity

The Center for Student Diversity proudly enables the personal growth of the Mount’s intercultural students through a variety of organizations such as the African Student Association, Asian Culture Club, Black Student Union, Student Organization of Latinx, and True Colors.

Visit msmary.edu/csd to learn more
New Student Housing Applications are due today!

Housing applications are due by 11:55 p.m. tonight, if you plan to live on campus during the 2023-24 academic year. Please find the application in your Summer To-Do Checklist in MyMount.

Visit mymount.msmary.edu
FERPA permissions

The date to pay your tuition bill is just around the corner. Visit the New Student To-Do Checklist to set FERPA permissions to grant access for your parent/support person to assist with your bill. The Financial Responsibility Form can also be completed in this portal as well.

Visit mymount.msmary.edu
Emmit's Street Eats

A welcome recent addition on campus is Emmit’s Street Eats food truck in Founders Plaza, for students to enjoy delicious made-to-order lunch and dinner options. You have to try the cheesesteaks...YUM!
#MountProud

Did you know Saint Teresa of Calcutta visited the Mount not once, but twice? It’s one more reason to be #MountProud!

Next time you are on campus, visit the timeline displayed in the hallway connecting Patriot Hall and McGowan Center for interesting facts about the Mount.
Independence Day

The Mount wishes you and your family a happy and safe 4th of July.
Majors and minors

Your academic journey at the Mount includes the integrated core curriculum along with any of our 80+ majors, minors, concentrations, interdisciplinary and special programs.

Check out msmary.edu/majors to find one that is right for you
Competitive scholarships

Every year Mount students compete for prestigious fellowships and scholarships, including the Goldwater and Fulbright. These are great examples of how you can benefit from the excellence of our academic programs and help from our Office of Competitive Fellowships.

Visit msmary.edu/fellowships to learn more
MOUNT Money

Manage your money by signing up for the MOUNTCard online where you can add money, check balances, set alerts and budget your Mount Money, meal plans and Flex Dollars from one place.

Visit msmary.edu/mountcard for more details
Chapel of the Immaculate Conception

Built more than 100 years ago, and renovated during the summer of 2011, the IC Chapel is the center of spiritual life at the Mount and is the largest of six chapels on campus.

Check out msmary.edu/sacredspaces to find more places on campus to reflect and pray.
Alumni and friends

Are any of your family members Mount alumni? Contact the Office of Alumni Engagement with their names and class years to be entered into a drawing for a new student welcome basket!

msmary.edu/alumni-and-friends
alumni@msmary.edu
301-447-5362

SUN//JUL 9

39 DAYS LEFT

MOUNT ST. MARY’S UNIVERSITY
Mount traditions

From kicking off the new academic year at the Crab Feast, a memorable night at the Christmas Dance, to having your class ring blessed at Ring Mass, join us for some of our annual traditions at the Mount.

MON//JUL 10

38 DAYS LEFT

MOUNT ST. MARY’S UNIVERSITY
Like to travel?

There are many opportunities to study and travel abroad while at the Mount, including semester-long and short-term foreign study programs, international internships, and service abroad programs.

Visit travelblog.msmary.edu to read student travel stories
Are you bringing a car to campus?

Did you know students get free parking for all four years? You will register your car in the New Student To-Do Checklist and receive your parking pass during August Orientation.

msmary.edu/parking
Transfer Orientation

Today is the first of four Transfer Orientation events for our new transfer students. Our transfer admissions counselors and Orientation staff are looking forward to welcoming you.

msmary.edu/transferorientation
The team at the Career Center will help you get your resume together and connect you with potential career opportunities. It is always a good time to further your career outside of the classroom, connect with Mount alumni and other professionals, and pursue your life of significance.

msmary.edu/career
Makers House

The Makers House is an open studio art lab for the entire Mount community. Get creative alongside fellow students, faculty and staff at workshops like woodworking, crocheting, ceramics, painting and more. There are many ways to engage with the Makers House—come help us build this house together!

@themakershouse_msmu
Center for Student Engagement and Success

We know you expect great things from yourself, and we want to help you reach your goals. The Center for Student Engagement and Success (CSES) is a first-stop resource center for students on campus. CSES Student Success Coaches and Peer Leaders can answer all your questions or connect you with the right person to help you on your path to success.

Join CSES each semester for events and workshops like Tools for Academic Success (TAS).

Visit msmary.edu/cses to learn more

Mount St. Mary’s University
Laundry day?
Did you know that laundry at the Mount is FREE?!
Plus, there are machines in all the residence halls.
Laundry supplies are not provided, so be sure to bring detergent pods.
One of the newest additions to the Mount is the ESPN broadcasting studio. Spearheaded through the Communication Department, Mount athletic events are streamed live on ESPN+. Students have the opportunity to earn career-ready skills and earn college credit too!

msmary.edu/ESPN-internship
Mount students come from all over!

Our students are from 47 states and 38 countries—but their Mount education takes them everywhere! Within one year, 100% of Mount graduates* are employed or in graduate school—making a difference in the boardroom, the research lab, the classroom, the Church and the world.

*CLASS OF 2019. BASED ON A 78% KNOWLEDGE RATE.
Campus Ministry

Campus Ministry has more than a dozen clubs and activities for you to get involved in, including FOCUS Bible Studies (Fellowship of Catholic University Students), retreats, and men’s and women’s ministries.

msmary.edu/campusministry

THU // JUL 20

28 DAYS LEFT
Working on campus

Interested in working on campus? Learn more about work study and available student positions. Apply early and check back often for additional opportunities.

Visit msmary.edu/workstudy for more information and available jobs

27 DAYS LEFT
Commuter kitchen and lounge

Did you know that the Mount has nearly 400 commuter students? There are many cozy places across campus to settle in and study, but there is a great space just for commuters. Check out lower McGowan Center for the commuter lounge and kitchen. Lockers, refrigerator and other kitchen amenities are available just for you. Reach out to the Office of Orientation with questions.

orientation@msmary.edu
301-447-6783

SAT//JUL 22

26 DAYS LEFT
Student-run Saxbys

Between classes in the Academic Center, stop by Saxbys, the exclusively student-run café for a delicious grilled cheese sandwich and cold brew. Through the Saxbys Experiential Learning Platform, students are empowered to attain real-life business experience, in addition to earning college credits and a salary.

saxbyscoffee.com/location/saxbys-mount-st-marys-university
Stay fit at the Mount!

The Mount’s two-level PNC Sports Complex features fitness areas with 21 cardio machines and state-of-the-art weight training machines. Multiple spin and other fitness classes are offered throughout the week, plus group fitness classes are free for students!

Jump over to msmary.edu/fitness to learn more
Under construction

This summer we started building a 21,000-square-foot addition to the Coad Science Building. The first phase includes the addition of neuroscience, computational and environmental research labs as well as collaborative learning spaces.
Local attractions

The Mount is centrally located in the mid-Atlantic region—within driving distance of Baltimore’s Inner Harbor, Harpers Ferry, West Virginia, Washington, D.C., Frederick, Maryland and Gettysburg, Pennsylvania.

Visit msmary.edu/localattractions to learn about the region

DAYS LEFT
We are AMPed up for fun at the Mount!

Whether it’s a memorable night at the Palmieri Activities Center (PAC) or an off-campus trip, the Association for Mount Programming (AMP) has your all-access pass to many fun events and programs. AMP is a student leadership program with a focus on event planning and management and is a great opportunity to get involved on campus. All events—including BINGO, casino night, live bands, snow tubing, bus trips, dances and formals—are planned and managed by our student leaders. You name it, AMP makes it happen!

@studentactivities_msmu

MOUNT ST. MARY’S UNIVERSITY
Virtual Orientation starts today at 1 p.m.

Specifically designed for our international students and students unable to attend the in-person options, this condensed virtual orientation offers breakout sessions, a MyMount Sneak Peek, a student panel and more. We look forward to welcoming you soon!
Student Government Association

The Mount SGA works with faculty, staff, and university administration as representatives for all Mount undergraduates. Interested in being the freshman class or commuter student representative? Your Orientation Leader can connect you with an SGA representative.

Visit msmary.edu/sga to learn more
For more than 30 years, Mount students have organized 200+ volunteers for the Maryland Special Olympics Fall Sports Festival. In 2022, the campus hosted 400 athletes competing in four different sports, including weightlifting, flag football, long distance running, and tennis.

Visit msmary.edu/service
#MountProud

Did you know baseball legend Babe Ruth was discovered while playing a game at the Mount’s Echo Field in 1913? That’s just one reason we are #MountProud. Use this hashtag to tell us why you are too!
10 Questions to ask your roommate before move-In

1. What are you bringing for the room?
2. When do you plan to arrive on campus?
3. How do you want to decorate the room?
4. What clubs and activities do you enjoy?
5. What will you get involved with at the Mount?
6. What do you like to do for fun?
7. How do you like to study?
8. Do you get up early or stay up late?
9. What’s your favorite TV show/movie/book?
10. Do you consider yourself neat most of the time?

@msmu.ubelonghere to connect
Student Mail

To receive mail or packages at the Mount, write your address as follows:

Student’s Full Name (no nicknames)
Mount St. Mary’s University
16300 Old Emmitsburg Rd.
Emmitsburg, MD 21727-7799

The Campus Post Office is in the Physical Plant building at the northwest end of campus. You can pick up packages and mail from the window with your MOUNTCard ID and buy postage to ship packages with cash or credit/debit card during operating hours (Mon.–Fri.: 12–5 p.m. during fall and spring semesters).

WED/AUG 2

15 DAYS LEFT
Move-In Packing List

We recommend you bring twin extra-long sheets, toiletries, laundry supplies (detergent pods only), summer and fall clothes, and hangers and room décor items.

Non-permitted items include anything that may cause a fire such as space heaters, small appliances, candles, incense and fireworks. Also prohibited are personal air conditioners, microwaves, halogen lamps, firearms and pets (except small fish and approved support animals). If you’re not sure it’s always good to ask.

Go to msmary.edu/packinglist for what to bring, what to rent and what to leave at home
Diversity training

Diversity, equity and inclusion excellence at Mount St. Mary’s University is a commitment the entire community makes to improve and sustain a culture of dignity and respect for everyone and where everyone knows they are a valued member of the campus community. During August Orientation, all new students will participate in diversity activities and discussions to ensure that everyone knows that the Mount welcomes all.
Weeks of Welcome

Weeks of Welcome kick off the school year—two weeks of fun designed to introduce new students to the Mount community and help returning students reconnect. Get involved at the Block Party, laugh too much at a comedy show, develop an incurable infatuation with fresh Maryland crabs and make lots of new friends to store in your contact list.
Keep in touch with friends and family from home!

Update your contact list with everyone you want to keep in touch with and make sure you share your new Mount email address!

SUN//AUG 6

11 DAYS LEFT

MOUNT ST. MARY’S UNIVERSITY
The PAC is PACKED with fun!

The Palmieri Activities Center (PAC) is the place to be! This multi-use building is full of space to hang with friends, study, watch a game on the big screens, have a hearty game of ping pong or join in one of the many events that occur here on a weekly basis. Join in the fun!
Excited to find out which classes and professors you have?

Log in to MyMount to look at your schedule and plan your first week. You will find your schedule under the Academics tab.

Visit mymount.msmary.edu

TUE//AUG 8

9 DAYS LEFT
Emmit’s Book Pack

The Mount Bookstore offers an easy way for students to pay and receive their books for the semester. The Emmit’s Book Pack is a reduced cost program that charges a student based on their total number of credits for that semester. This cost is automatically added to a student’s bill.

Get answers to FAQs at msmary.edu/emmitsbookpack

DAYS LEFT

WED//AUG 9
One week to Move-In!

At the Mount, you will have lots of help moving in. From current students to the president of the university, we are all here to help you move in.

Check your email and msmary.edu/orientation for a move-in video

THU/AUG 10

7 DAYS LEFT

MOUNT ST. MARY’S UNIVERSITY
The Annual Crab Feast will be here before you know it!

We eat crabs in Maryland. Lots of them!

Join the Mount community for our annual Crab Feast event on Friday, August 25th. For a small registration fee of $5.00, students can enjoy all-you-can-eat crabs, freshly cooked during the event!
Mount students manage and staff Mount Table, a free supplemental resource for food and hygiene products through the Center for Service. Student volunteers reduce food insecurity on campus by assisting guests with groceries, holding donation drives, and through educational outreach.

Visit Mount Table in lower McGowan Center, next to the Center for Service.
Music is in the air!

Love to sing or play an instrument? The Mount has a variety of ways you can showcase your musical talents including Mount Chorale, Gospel Choir, Mount Music Society, Pep Band and more!

Go to msmary.edu/music to learn more
Have you read the Student Code of Conduct?

The Student Code of Conduct is an important document that gives a full overview of the rights, responsibilities and discipline process for all students. You’ll find information on academic and residential expectations that apply to you as a student—both on- and off-campus.

Please review the Code of Conduct before starting classes at the Mount.

msmary.edu/codeofconduct

DAYS LEFT

3
Phillips Library

Phillips Library is a vibrant place to learn and relax! It’s also home to the Center for Student Engagement and Success, the Mount Archives, and our free video production studio, the Express Studio.

Find out more at library.msmary.edu
Final date to finish your New Student To-Do Checklist!

Have you received a the completion badge in your New Student To-Do Checklist? During move-in and orientation you will be asked to show your completed New Student To-Do-Checklist. Don’t delay and get those last minute items completed.

Visit mymount.msmary.edu
Move-In Day!

Pack up the car and get ready to go! Don’t forget to check your email or the Orientation website for the weekend’s schedule of events to prepare you for the first day of classes and help you get acclimated to the Mount.

Post a photo of yourself (and your stuff) and share your excitement with your classmates!

See you soon!

Don’t forget to tag @msmu.orientation

THU // AUG 17

0 DAYS LEFT

MOUNT ST. MARY’S UNIVERSITY